



OKLAHOMA CITY UNIVERSITY

International Admissions

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OPT HEALTH INSURANCE




While on OPT, F Visa students do not have the OCU Student Health Insurance coverage. Only international students who are currently enrolled at the university have paid for their health insurance coverage. The OCU Office of International Admissions strongly encourages each OPT student to carry an individual health insurance policy. While there are many individual health insurance options available, the insurance company (Academic Health Plans) who provides OCU student insurance has also provided an individual health insurance option. Below is the information about this option.

Please research individual health insurance plans so you may choose the option that best fits your personal insurance needs.


If you would like to use **Academic Health Plans** please follow these simple instructions:

1. Open a web browser and type in the website for Academic Health Plans: www.AHPCare.com

2. Select  in the selection on the left hand side of the screen

3. Select **Products** from the menu across the top of the screen

4. Select **Short Term Insurance** from the left hand side of the screen under **Health Insurance Plans**

5. Click  and enter your information to see the plans you are eligible for and the specific plan details.

If you have any specific questions please contact the OCU Academic Health Plan agent

TERRY L LYONS

Phone: (888) 308-7320

E-mail: FortisHelp@academichealthplans.com

8:30 a.m. - 5:30 p.m., CST, Monday - Friday

Providing solutions to your student health insurance needs!