

Emergency Contraception (aka, Plan B, the morning after pill, or EC)

Emergency contraception is birth control that prevents pregnancy after sex. You can use emergency contraception right away – or up to five days after sex – if you think your birth control failed, you didn't use contraception, or you were forced to have sex.

Emergency contraception makes it much *less likely you will get pregnant*. But emergency contraceptives are *not as effective* as birth control that's used before or during sex, like the pill or condoms. So if you are sexually active or planning to be, don't use emergency contraception as your only protection against pregnancy. Also, emergency contraception does not protect against sexually transmitted diseases, like HIV or Chlamydia (only condoms do). Due to recent legislation passed in Oklahoma, Emergency Contraception is available at a pharmacy without a prescription to women 18 years of age and older. Follow the simple steps below to get Emergency Contraception. Go to a pharmacy – a list of local pharmacies is provided on back for your convenience.

1. Show a photo ID (like a driver's license) to prove you are at least 18 years old and ask the pharmacist for Emergency Contraception.
2. Since Emergency Contraception is over-the-counter now, it is not covered on most health insurance plans, so you will need to bring enough money to pay for the medication.
3. Take Emergency Contraception according to the package instructions.
4. If you have any questions regarding the medication, ask the pharmacist or call the Student Health Clinic to speak with a nurse. If you call the Student Health Clinic, tell the receptionist exactly why you are calling because it is important to take the medication within 5 days of unprotected sex.
5. Make an appointment with OCU Student Health Clinic or a doctor's office to discuss birth control options if you are not currently on birth control medication or using condoms.

Locations and Prices of Emergency Contraceptive as of January 2008

Walgreens

23rd & Classen
Open 24 Hours/Day
\$41.99 + tax

CVS Pharmacy

23rd & Classen
Open 24 Hours/Day
\$44.99 + tax

Walmart Neighborhood Market

2217 NW 23rd (West of Penn)
M-F 9am – 9pm; Sat 9am – 7pm; Sun 10am – 6pm
\$42.62 + tax

Planned Parenthood

619 NW 23rd (east of campus)
Mon. 8am – 4pm; T-F 10am – 6pm; Sat. 10am -1pm
\$27.10 (includes tax)

For Additional Information or Assistance, Contact:

OCU Student Health Clinic

Phone: 405-208-5090

Fax: 405-208-6016

Confidential Email: studenthealth@okcu.edu

Website: www.okcu.edu/students/studenthealth/