

OCU MENTORING^{Lite} PROGRAM

Program Overview:	The Mentoring ^{Lite} Program provides opportunities for students to make contact with professionals who are performing a function that is of interest to the student, or employed in a field that is of interest to the student, and can provide balanced insight and guidance into the world of work and how the students fit into a career or industry that is of interest to them.
Opportunities:	Help shape the new workforce that is coming up in the world.
Major Responsibilities:	Meet with the student; communicate with the student; offer insight, encouragement, and a steady influence on a student; and provide honest feedback.
Requirements:	<ul style="list-style-type: none"> • Contact student a minimum of 3 times a year • Sign a Mentoring^{Lite}contract • Refer the student to one more person you feel would be helpful • Complete an evaluation at the end of the school year
Tone:	Informal, helpful, guiding.
Suggested Activities:	<ul style="list-style-type: none"> • Email/Phone/Personal communications • Cover daily/required functions of the job • Provide time management philosophies • Touch on stress management • Talk about business dress and business etiquette • Discuss job availability, requirements • Identify, for the student, future trends in the field/industry • Career related meetings (resume review) • Headquarters/plant tours • Help student identify professional associations and listserv groups to begin expanding the students network • Job Shadowing • Assist student in understanding local career market • Provide student with minor assignment/task for evaluation
Escape Clause:	The Mentoring ^{Lite} Contract can be terminated at any time by consultation with Multicultural Student Affairs, 405-208-5750.